

# **LABURNUM** PRIMARY SCHOOL & NURSERY



CHALLENGE • ACHIEVE • RESPECT • EFFORT

# **Values Education**

### **Our value for March is:**

### **TRUST**



#### MESSAGES, FEEDBACK AND REFLECTIONS FROM THE HEAD

This week, marked the first anniversary of our first national lockdown and partial school closure. Just over a year ago, we could not have imagined that a whole year later, we would have experienced 2 such extensive partial closures of schools and education disrupted for so many, let alone all the local and national restrictions that we have all experienced as a result of the pandemic. With restrictions beginning to ease again, I would urge everyone to keep sticking to the rules set out, especially in terms of socialising over the Easter Break, to avoid another surge of COVID and any further school or bubble closures. Any days missed in education have a negative impact and we cannot pretend that the last year has not had a detrimental effect on the usual pattern of most children's learning and progress. For all children to make as much progress as possible, we need them to keep putting effort into learning and need the support of you as parents. Please continue to support your child by ensuring that they complete any home learning tasks given; it is also crucial that they read frequently at home to be build fluency, understanding and enjoyment. As a parent, one of the best ways that you can also promote a positive attitude and engage your child in learning is to express interest in your child's education and ensure that your children know that you value the importance of education and learning.

After the dates list in the newsletter (from page 3 onwards) is a summary of the responses to our feedback survey on remote education. There were 40 responses, in relation to 54 children, which is about 50% of the children who were learning at home. Hopefully, we will not have another remote education situation for the whole school, but if there are any identified cases of COVID-19 in school, it will result in bubble closures and additional remote learning for some pupils. If this is the case, we will of course use the outcomes of our survey to help improve our offer further.

The survey responses showed a great deal of confidence in: the school leadership, our approach to remote education, communication between home and school and the support/resources provided; with all relevant questions providing at least a 95% positive response. Your feedback has been really affirming and the comments provided have also been extremely useful in supporting us to improve our offer further and to provide direct support to specific families.

The final question regarding your children's mental health, showed that 85% of parents felt that lockdown/partial school closure had affected their child's mental health, with 15% feeling that this was a great deal. Parents were invited to share feedback on any specific issues and concerns regarding mental health with their child's class teacher, prior to all children returning to school. As a school we take a proactive approach to addressing mental health and wellbeing needs through: our relationships policy; robust PSHE curriculum and twice daily circle times; staff training; sharing and signposting resources and working with parents and by making referrals to different sources of support (in partnership with parents). We also fund additional sessions to address mental health and wellbeing in school by running 1:1 and small group nurture sessions, social communication groups and child counselling/art therapy. For many, their mental health has improved significantly, simply because their usual routine has returned, but for others things have not been as easy. In the last few weeks a number of children in school have shown, in their moods, behaviours and emotions, that they are really struggling, for a range of reasons and their usual resilience is running very low. Where we are concerned, we have spoken with parents, but if you have any ongoing concerns, please do contact your child's class teacher or a member of the leadership team and we will be in touch to listen and then plan next steps with you.

Life for many is tough right now and sometimes we could all do with a little more support - please look through the full newsletter, where there are many supportive workshops and training opportunities available to support parents and carers to manage a range of needs and develop strategies to support their children at different ages and with different challenges.







#### REMINDER TO NOTE YOUR CHILD'S ALLERGIES ON THE DOLCE SCHOOL GRID SYSTEM

It has come to our attention that not all children's allergies have been entered on the school dinner system, please ensure that you do this so that the kitchen can make sure they can cater to specific dietary requirements.



ATTENDANCE			VALUE	S CHAMPIONS	CLASS DOJO
Beech	98.7%	0 late marks	Apple:	Arlo	Messages sent to families
Elm	90.7%	3 late marks	Beech:	Sophia	243
Cedar	95.7%	0 late marks	Elm:	Alfie/James	313 Last week
Chestnut	95.5%	1 late mark	Cedar:	Rudy	Photos and videos shared
Willow	99.2%	0 late marks	Chestnut:	Erin	13
Sycamore	96.1%	2 late marks	Willow:	Alexander B	44 Last week
Oak	100%	0 late marks	Sycamore:	Taylor	Positive feedback %
Attendance figures do not include any absences due to COVID-19 self-isolation / awaiting test results.			Oak:	Chloe J	100% <b>**</b>
Attendance Target: 97%			CONGR	RATULATIONS!	100% Last week

# **UPCOMING DATES**

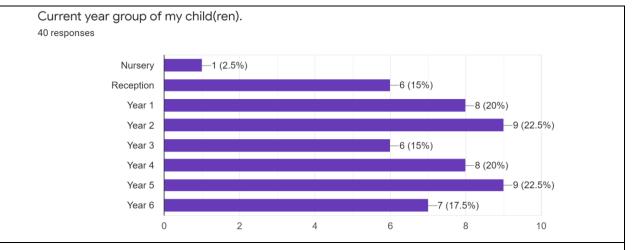
Friday 26 <sup>th</sup> March	Last Day of Term
Monday 29 <sup>th</sup> March – Friday 9 <sup>th</sup> April	Easter Break
Monday 12 <sup>th</sup> April	Staff Training Day
Tuesday 13 <sup>th</sup> April	Reception-Year 6 return to school
Tuesday 13 <sup>th</sup> April	Nursery visits for new children
Tuesday 13 <sup>th</sup> – Thursday 15 <sup>th</sup> April	Parent/Teacher Meetings (video/phone)
Thursday 15 <sup>th</sup> April	Current Nursery return to school
Friday 16 <sup>th</sup> April	New Nursery pupils start (from this day)
Friday 28 <sup>th</sup> May	Last Day of the Half Term
Monday 31 <sup>st</sup> May – Friday 4 <sup>th</sup> June	Half Term Break
Monday 7 <sup>th</sup> June	All years return to school
Thursday 24 <sup>th</sup> June	Sandy Secondary School Y6 Transition Day
Thursday 8 <sup>th</sup> July	Reception Class 2021 Parent Briefings
Friday 16 <sup>th</sup> July	Annual Reports sent to parents
Monday 19 <sup>th</sup> & Tuesday 20 <sup>th</sup> July	In school class transition days
Wednesday 21 <sup>st</sup> July	Last Day of Term
Wednesday 1 <sup>st</sup> – Friday 3 <sup>rd</sup> September	Staff Training Days
Monday 6 <sup>th</sup> September	Autumn Term begins





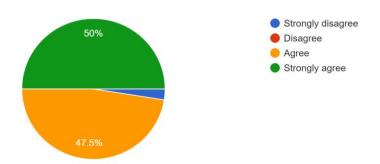






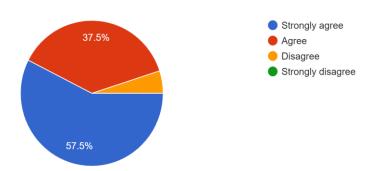
I feel that leadership and management regarding COVID-19, the partial school closure and remote education has been effective.

40 responses



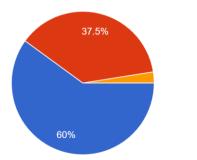
Communication regarding COVID-19, the partial school closure and remote education has been effective.

40 responses



I find it easy to communicate with the school / my child's class teacher when I need to.

40 responses



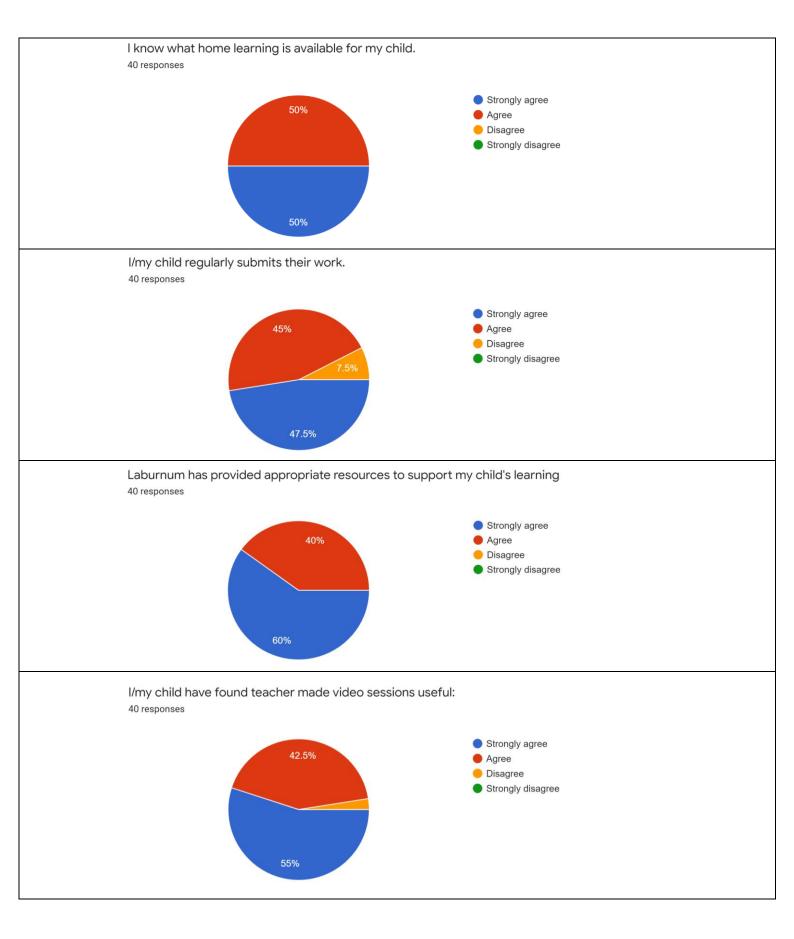


Strongly agree





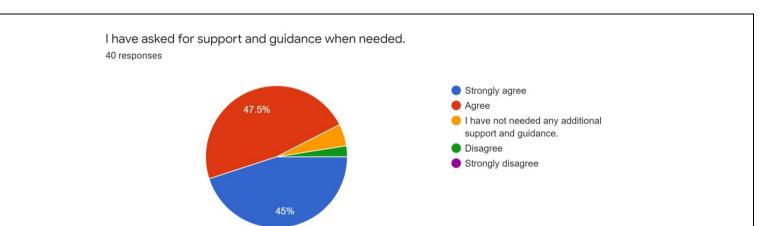




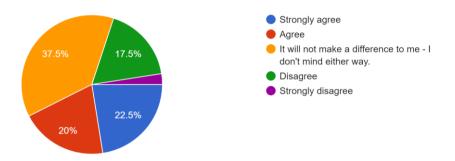




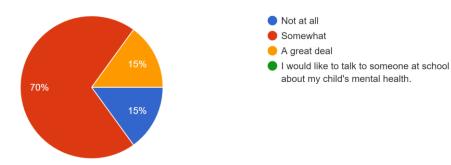




In response to parental feedback and to try and make remote education easier, we are considering blocking subjects on a weekly basis so that you can...ether you agree that this approach will be useful: 40 responses



To what extent is lockdown and the partial closure of schools affect your child's mental health? 40 responses









### COVID-19 Snapshot

As of 24<sup>th</sup> March 2021 (data reported up to 21<sup>st</sup> March 2021)



#### Population 288,648



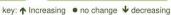


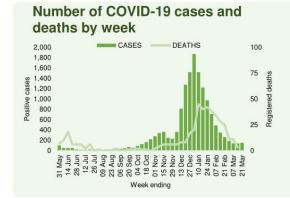


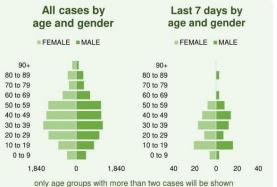
Test positivity in the last 7 days 4.1%

Adults vaccinated with at least 1 dose last 7 days 8,860 ₩ -1,017

Direction of travel compares current snapshot against previous snapshot







#### Most affected wards in the Rate per 1,000 Number D population of cases O last 7 days T last 7 days last 7 days all cases 9 69.2 1.7 Parkside Dunstable-Icknield 9 1.0 75.8 1 Leighton Buzzard South 9 0.6 49.7 44.5 Arlesey 9 1 0.5 Dunstable-Manshead 7 1.2 65.4 1 **Dunstable-Central** 1.2 48.5 **Dunstable-Watling** 7 0.7 56.9 7 Ampthill 0.5 50.7 7 0.5 47.4 Flitwick Cranfield and Marston Moretain 1 0.4 56.4 1.2 69.3 Barton-le-Clay 6 Caddington 1 0.6 52.4 Leighton Buzzard North 6 0.4 46.0 Tithe Farm 5 **1** 1.0 70.3 5 0.4 57.8 Sandy 4 **1** 0.7 47.2 Silsoe and Shillington 4 0.5 47.6 Potton 4 Houghton Hall 1 0.4 67.2 4 0.4 54.9 Toddington 1 4 Shefford 0.4 52.2 4 Biggleswade South 0.3 47.1 Ψ 4 Stotfold and Langford 0.3 46.3 Northill 3 0.7 43.4 **Dunstable-Northfields** 3 0.3 65.9 3 44.6 Linslade Houghton Conquest and Hayne 69.0 Westoning, Flitton and Greenfie 67.0 <3 Heath and Reach <3 64.1 Biggleswade North <3 61.9 <3 44.5 Faton Bray <3 40.0 Aspley and Woburn only wards with more than two cases will show last 7 days detail direction of travel (DOT) compares current snapshot against previous

#### Hospital bed occupancy and patients with COVID-19 **Bedfordshire Hospitals NHS Foundation Trust** Total % G&A bed occupancy of inpatients COVID-19 93% 96% 96% 96% 994% 994% 995% 997% 997% 997% 998% 990% 888% number of with ( Oct Nov Nov Nov Nov Jan Jan Jan Jan Anar Feb Mar Mar Mar week ending The maximum daily number of inpatients with COVID-19 each week with maximum percentage of all 'General & Acute' (G&A) hospital bed occupancy (combined figures for the Bedford and Luton & Dunstable hospital sites)

### Number of weekly positive cases per 100,000 population Previous 7 day Direction of snapshot travel 8-Mar - 14-Mar 47.5 51.6 +4.1 rates based on ONS mid year population 2019

Total deaths registered involving COVID-19 since 1st January 2020

Deaths registered involving COVID-19 6-Mar to 12-Mar 3

Direction of travel (compared to previous 7 days)









### Triple P Positive Parenting

#### Programme

### The programme is recognised by NICE (National Institute for Clinical Excellence) and is recommended within the local ADHD Care Pathway.

Parenting programmes enable parents to build on what they already know and to do the best for their children. They do this by providing opportunities to gain new knowledge, skills, and confidence to support their children and strengthen relationships within the family. The programme supports parents to improve relationships with their children, set boundaries and develop effective responses to challenging behaviour and effectively plan for future behaviours.

This is an 8-week programme which is run on Microsoft Teams.

> Introduction to the course (group session via teams)

Positive parenting (group session via teams)

Helping children develop (group session via teams)

Managing misbehaviour (group session via teams)

Planning ahead (group session via teams)

1:1 weeks

Final session (group session via teams)

Triple P is run by trained, friendly experienced practitioners. Our role is to make you feel welcome and help you build on what you are already doing well. After all you know your child better than anyone.

We aim to give parents the opportunity to explore and learn techniques, and ways of responding to your child.

We use a variety of methods to support learning and keep the sessions interactive.

Organised by the CBC North and South Localities Early Help Teams:

To book contact your school who will contact their Locality Community Partner.

You will then be sent the information to register via Eventbrite.









### Supporting and Progressing

#### Families Programme

SPF is based on the philosophy of non-violent resistance (NVR) which has been applied in many ways to support positive changes.

This is a FREE 8-week virtual programme delivered on Microsoft Teams. Each session lasts for 2 hours and is aimed at parents of children aged 10 and upwards.

It will give you the opportunity to explore and learn new tools and techniques and ways of responding to your child based on several core principles.

The groups are run by trained and experienced practitioners.

You will get the opportunity to explore parental self-care, to think about the presence you have with your child, de-escalation, identifying support with the overall aim of building and improving relationship and reducing behaviours you may find challenging.

Parents and carers facing several different challenges have found the course beneficial this includes those faced with behaviours they find challenging, supporting children with mental health needs, children with attendance concerns, aggression and where they feel that the relationship has broken down. SPF is an approach that will support all families.

Topics covered are.

De-escalation

Parental presence

gestures

Self-care

Supporters

Natural Consequences

Siblings

Behaviour management techniques and them.

Organised by the CBC North and South Localities Early Help Teams:

To book contact your school who will contact their Locality Community Partner.

You will then be sent the information to register via Eventbrite.











## **Parents Emotional** Wellbeing session

We would like to invite you to an Emotional wellbeing session with our Emotional Wellbeing Practitioner:

Chloe Lovell

This will be an opportunity to find out ways to support your child's emotional wellbeing

Would you like to learn ways to support your child 's Year 6 & Year 8 transition?



Gain information, support and guidance Resources will be sent out after each session

Please register for a place using the links below

The event will be held over Microsoft Teams and the link will be sent out 24hours prior.

Monday 17th May 6 -7 pm

https://www.eve ntbrite.co.uk/e/1 47135651695

Organised by the CBC North Localities Early Help Teams: For more information contact your Community Partner: | yel Valley - Kerry Nielow@centralbedfordshire.gov.uk West Mid Beds -Natalie.Good@centralbedfordshire.gov.uk











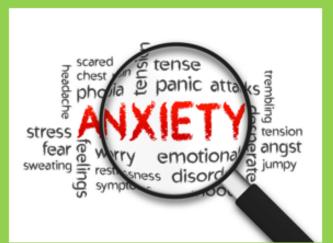
## Parents Emotional Wellbeing session

### We would like to invite you to an Emotional wellbeing session with our Emotional Wellbeing Practitioner:

Chloe Lovell

This will be an opportunity for Lower school parents to find out ways to support your child's emotional wellbeing

Would you like to learn ways to support your child 's angry and anxious feelings?



Gain information, support and guidance Resources will be sent out after each session

Please register for a place using the links below

The event will be held over Microsoft Teams and the link will be sent out 24hours prior.

Tuesday 4th May 9.30-10.30

https://www.eve ntbrite.com/e/14 7753892871

Organised by the CBC North Localities Early Help Teams:

For more information contact your Community Partner:

Ivel Valley - Kerry.Nielow@centralbedfordshire.gov.uk West Mid Beds -Natalie.Good@centralbedfordshire.gov.uk











## **Parenting Insight**

### Gain information, advice, and guidance on a different subject each month

### **Moving Forward**

Supporting children in an unsettling time Advice on anxiety and promoting positive wellbeing

**Guest speaker: Chloe Lovell - Emotional Wellbeing Practitioner** 

> Thursday April 22<sup>nd</sup> 2021 4:30pm - 5:30pm

https://www.eventbrite.co.uk/e/133856904605

Organised by the CBC North Localities Early Help Teams:

For more information, please contact

**Ivel Valley Community Partner - Kerry Nielow** Kerry.Nielow@centralbedfordshire.gov.uk

Find ways to support the children and young people in your life

Free to attend via Microsoft Teams

Guest presenter 4:30pm

Opportunity to ask the presenter questions

Resources will be sent out after each session









# Being a Parent

# a FREE 8-week Parenting Programme



A FREE 8 week programme run by parents for Mums, Dads & Carers of children aged up to 11 years.

**Booking essential** 

Starts on Monday 10th May 2021 at 8pm - 9.30pm Via Zoom **Excluding half term** 



For more information and bookings please contact our EPEC Hub Co-Ordinator

Colette Fletcher

Tel No: 01582 660061

Email: office@home-startcentralbeds.org.uk













# Being a Parent Of a child affected by Autistic Spectrum Disorder a FREE 10 week Programme



A FREE 10 week programme run by parents for Mums, Dads & Carers who have a child affected by Autistic Spectrum Disorder.

> **Booking essential** Via Zoom Tuesday Mornings 10 – 11.30am Tuesday Evenings 8 – 9.30pm Beginning 27th April 2021 excluding half term



For more information and bookings please contact our EPEC Hub Co-Ordinator. Colette Fletcher

Tel No: 01582 660061

Email: office@home-startcentralbeds.org.uk











### PARENT & CARER SKILLS BUILDING **PROGRAMME**

A 6 WEEK COURSE DELIVERED BY JANNINE PERRYMAN-HARRIS OF ADHD WISE UK IN CONJUNCTION WITH THE ADHD FOUNDATION



We help people to understand the additional struggles that come from raising a child with ADHD and discuss strategies on how you might support them without burning yourself out. Feedback from when we've run this before suggests that people benefit not just from the understanding skills and strategies but also the sense of community that comes from meeting other families in a similar position.

Spending 6 weeks on this gives us a long time to work through things in detail, and see progress from week to week.



#### We will cover:

- Understanding & managing ADHD
- · Praise, criticism and motivation
- · Organisation and time management, and what works and why
- · Learning and what you can do at home and what they can do at school
- Diet and nutrition
- sleep

We are holding 2 information talks about the training on

- Weds 17 March at 7.00pm 9.00pm
- Sat 20 March at 9.30am 11.30am

to book on to the talks please go to this link https://www.eventbrite.com/e/adhd-parentcarer-talk-tickets-145054557085

presented by Jannine Perryman-Harris ADHD Wise UK www.adhdwise.uk

6 Weeks course starting - Wednesday 14 April 2021 7.00pm - 9.00pm

you will need to commit to 6 weeks - Via zoom To book your place please go to Eventbrite https://www.eventbrite.com/e/parentcarer-skillsbuilding-course-tickets-145046545121 to claim your space

only 50 spaces available

Please email info@adhdwise.uk for more info











# **Brighter Beginnings:** workshops for parent carers



Learn from our trainers in a supportive, non-judgemental space Hear other parents' experiences; share as much or as little of your story as you wish

#### Free online sessions for parent carers in Bedfordshire

Education (School Age) - Tuesday 23rd March 19:30 pm

Book now via Eventbrite

Supporting your child to sleep - Wednesday 24th March 10:00 am

Book now via Eventbrite

Wellbeing for parent carers - Thursday 25th March 19:30 pm

Book now via Eventbrite

Money Matters - Wednesday 31st March 19:30 pm

Book now via Eventbrite

#### All sessions run for 2 hours via Zoom



Further details from: claire.robinson@contact.org.uk



ghter Beginnings tils a registered trade pyright © 2019 Contact













# **Coffee Morning dates**

**Guest Speakers invited** 

### Wednesday the 14th of April 10:00-12:00

We have invited Emily Warner from Central Bedfordshire Council to attend for the first hour to give you an update on the WSoA on the Local Offer and the brand new website that is being developed.



### Wednesday the 12th of May 10:00- 12:00

We have invited Lisa Delafield, Speech and Language Therapist from Bedfordshire Community Health Services to attend the first hour to give an update of their service.

Please email admin@snappcf.org.uk for the Zoom codes







# Parent Fogus Group

# Calling all dads





We would love to hear your feedback on what being a parent, specifically a dad, is like in Central Bedfordshire.

The focus group will be facilitated by Homestart. There will be a focus on shaping future services delivered by the Children's Centre's.



Wednesday 14th April 13:00 - 14:00

Virtually on Microsoft TEAMS



If you would like to be apart of this focus group please contact either:

Sandy Children's Centre- 0300 300 8114 Shefford- 0300 300 802

0-12 Family Service - Children's Centre's

















22nd March to 7th April 2021

# EASTER QUIZ & BUNNY TRAIL

Follow clues to walk, run or cycle the trail around Sandy. Answer questions and find the bunnies along the route.



Get your quiz sheet to join the trail! www.sandytowncouncil.gov.uk (7) /Sandytowncouncil

admin@sandytowncouncil.gov.uk

Complete the quiz for a chance to win: 1 of 3 grand prizes 1 of 6 easter eggs







£40 voucher ROLLBACK WORLD

grand prize



6-11 years grand prize





0-5 years grand prize









Sandy Town Council has joined up with Let's Get Going community interest company and Sandy Centre Group to offer a fantastic Easter Quiz & Bunny Trail event to keep children and entertained and help get families out exploring Sandy throughout the Easter holiday. The trails encourage children of all ages to enjoying moving and exploring the environment around the town and in our lovely countryside. Get outdoors and complete the guiz by Wednesday 7th April for a chance to win one of our fabulous prizes!

There are three trails of varying lengths tailored for different ages and each has an accompanying quiz. Click on the links below to access the trails and complete the quizzes online.

- > 0-5 years Bunny Trail around Sandy Town Centre & River Ivel (30
- minutes): https://forms.office.com/r/tbU35e4AzQ
- > 6-11 years Bunny Trail around Sandy Town Centre & nearby countryside (1 hour 30
- minutes): https://forms.office.com/r/LATzPyBRDw
- > 12-16 years Easter Quiz & Trail around the Sandy Green Wheel (2 hours 30
- minutes): https://forms.office.com/r/vjsHEGDb65
- All 3 trails/quizzes can also be downloaded in an editable & printable (Word document) version from our website: http://www.sandytowncouncil.gov.uk/sandy-diary-news/news-archive/sandy-easter-quiz--bunnytrails

There are also wonderful prizes up for grabs; the 1st place entrants will win:

- > (0-5 years) a beautiful bunny rabbit plush toy
- > (6-11 years) 4 2-hour tickets for Xtreme360 Trampoline Park in St Neots
- > (12-16 years) a £40 voucher for Rollback World Roller Sports in Bedford

PLUS two runners-up in each age group will receive a chocolate Easter egg.

Join the trail and complete the quiz by Wednesday 7th April for a chance to win!









#### **Football Development Centre** Sandy Sports Centre - SG19 1BL by 4 Corner Coaching









Individual skills

High Quality Football Coaching by very experienced coaches who supplement your own club sessions.

Developing - Technical skills - Physical skills - Psychological skills - Social skills

Start Back Date - Friday 16th April 2021 £4 per session - 13 week block of Development



Times/ages: 5-6pm = 5 - 9 years & 6-7pm = 10 - 14 years

UEFA B coaches - Youth Award Level 3 - Enhanced DBS - Safeguarding **BFAS (Basic First Aid for Sport)** 

Contact: Natasha - 07957980492 - natasha@4cornercoaching.co.uk www.4cornercoaching.co.uk











### Mid Beds Tiger's: Tiger Cubs

Tiger Cubs is for children showing an interest in football from an early age.

Your child will be coached by Level 3 and Module 3 Age Appropriate FA Qualified coach and given the very best start to their footballing life. This will also put your child in the best position to move to one of our teams at U7 (school year 2)

Cubs sessions will be run in blocks of sessions in line with term time only.

Payment for these will be requested in advance.

Because demand for places in Tiger Cubs is likely to be increased and spaces are limited, you will need to register your child in advance and details of the first series of sessions are shown below.

#### Location

The venue will be at Sandy Secondary School although this may be subject to change if the ground becomes unavailable (you will be notified of any change in advance).

#### **Dates**

17/4/21
24/4/21
1/5/21
8/5/21
15/5/21
22/5/21 29/5/21

#### **Times**

Age Range	Times	
Reception (U5)	9.30 -10.15am	
Year 1 (U6) and Year 2 (U7)	10.30 - 11.30am	







#### **Costs**

The total cost for each period will vary depending on the number of weeks in the period however it will be based of £3.00 per session. £21 for the 7 week of sessions. All session will need to be paid in advance. (If a child misses a session through illness or holiday or bad weather etc no refund will be made).

#### **More Information and Booking**

If any further information is required or to book then please contact Natasha at orchie@virginmedia.com or 07957 980492

Name:
Age:
DOB:
Medical Information:
Year Group:
Parent / Guardian name:
Contact number:
E-mail address:
Payment included:

Please complete the above details and return this slip with payment cash only to 20 Merlin Drive Sandy SG19 2UN.





